10.4: The Benevolent Empire

After religious disestablishment, citizens of the United States faced a dilemma: how to cultivate a moral and virtuous public without aid from state-sponsored religion. Most Americans agreed that a good and moral citizenry was essential for the national project to succeed, but many shared the perception that society’s moral foundation was weakening. Narratives of moral and social decline, known as jeremiads, had long been embedded in Protestant story-telling traditions, but jeremiads took on new urgency in the antebellum period. In the years immediately following disestablishment, “traditional” Protestant Christianity was at low tide, while the Industrial Revolution and the spread of capitalism had led to a host of social problems associated with cities and commerce. The Second Great Awakening was in part a spiritual response to such changes, revitalizing Christian spirits through the promise of salvation. The revivals also provided an institutional antidote to the insecurities of a rapidly changing world by inspiring an immense and widespread movement for social reform. Growing directly out of nineteenth-century revivalism, reform societies proliferated throughout the United States between 1815 and 1861, melding religion and reform into a powerful force in American culture known as the benevolent empire.

The benevolent empire departed from revivalism’s early populism, as middle-class ministers dominated the leadership of antebellum reform societies. Because of the economic forces of the market revolution, middle-class evangelicals had the time and resources to devote to reform campaigns. Often, their reforms focused on creating and maintaining respectable middle-class culture throughout the United States. Middle-class women, in particular, played a leading role in reform activity. They became increasingly responsible for the moral maintenance of their homes and communities, and their leadership signaled a dramatic departure from previous generations when such prominent roles for ordinary women would have been unthinkable.17

Different forces within evangelical Protestantism combined to encourage reform. One of the great lights of benevolent reform was Charles Grandison Finney, the radical reviver, who promoted a movement known as “perfectionism.” Premised on the belief that truly redeemed Christians would be motivated to live free of sin and reflect the perfection of
God himself, his wildly popular revivals encouraged his converted followers to join reform movements and create God’s kingdom on earth. The idea of “disinterested benevolence” also turned many evangelicals toward reform. Preachers championing disinterested benevolence argued that true Christianity requires that a person give up self-love in favor of loving others. Though perfectionism and disinterested benevolence were the most prominent forces encouraging benevolent societies, some preachers achieved the same end in their advocacy of postmillennialism. In this worldview, Christ’s return was foretold to occur after humanity had enjoyed one thousand years’ peace, and it was the duty of converted Christians to improve the world around them in order to pave the way for Christ’s redeeming return. Though ideological and theological issues like these divided Protestants into more and more sects, church leaders often worked on an interdenominational basis to establish benevolent societies and draw their followers into the work of social reform.

Under the leadership of preachers and ministers, reform societies attacked many social problems. Those concerned about drinking could join temperance societies; other groups focused on eradicating dueling and gambling. Evangelical reformers might support home or foreign missions or Bible and tract societies. Sabbatarians fought tirelessly to end nonreligious activity on the Sabbath. Moral reform societies sought to end prostitution and redeem “fallen women.” Over the course of the antebellum period, voluntary associations and benevolent activists also worked to reform bankruptcy laws, prison systems, insane asylums, labor laws, and education. They built orphanages and free medical dispensaries and developed programs to provide professional services like social work, job placement, and day camps for children in the slums.

![Figure 1](https://human.libretexts.org/Bookshelves/History/Book%3A_U.S._History_(American_YAWP)/10%3A_Religion_and_Reform/10.4%3A_The_Benevolent_Empire)

**Figure 1**: Eastern State Penitentiary changed the principles of imprisonment, focusing on reform rather than punishment. The structure itself used the panopticon surveillance system, and was widely copied by prison systems around the world. P.S: Duval and Co., The State Penitentiary for the Eastern District of Pennsylvania, 1855. [Wikimedia](https://en.wikipedia.org/wiki/Eastern_State_Penitentiary).

These organizations often shared membership as individuals found themselves interested in a wide range of reform movements. On Anniversary Week, many of the major reform groups coordinated the schedules of their annual meetings in New York or Boston to allow individuals to attend multiple meetings in a single trip.18

Among all the social reform movements associated with the benevolent empire, the temperance crusade was the most successful. Championed by prominent preachers like Lyman Beecher, the movement’s effort to curb the consumption of alcohol galvanized widespread support among the middle class. Alcohol consumption became a significant social issue after the American Revolution. Commercial distilleries produced readily available, cheap whiskey that was frequently more affordable than milk or beer and safer than water, and hard liquor became a staple beverage in many lower- and middle-class households. Consumption among adults skyrocketed in the early nineteenth century, and alcoholism had
become an endemic problem across the United States by the 1820s. As alcoholism became an increasingly visible issue in towns and cities, most reformers escalated their efforts from advocating moderation in liquor consumption to full abstinence from all alcohol.

Figure (PageIndex{2}): N. Currier, “Tree of Temperance” and “Tree of Intemperance,” 1849. Courtesy American Antiquarian Society.

Many reformers saw intemperance as the biggest impediment to maintaining order and morality in the young republic. Temperance reformers saw a direct correlation between alcohol and other forms of vice and, most importantly, felt that it endangered family life. In 1826, evangelical ministers organized the American Temperance Society to help spread the crusade nationally. It supported lecture campaigns, produced temperance literature, and organized revivals specifically aimed at encouraging worshippers to give up the drink. It was so successful that within a decade, it established five thousand branches and grew to over a million members. Temperance reformers pledged not to touch the bottle and canvassed their neighborhoods and towns to encourage others to join their “Cold Water Army.” They also influenced lawmakers in several states to prohibit the sale of liquor.

In response to the perception that heavy drinking was associated with men who abused, abandoned, or neglected their family obligations, women formed a significant presence in societies dedicated to eradicating liquor. Temperance became a hallmark of middle-class respectability among both men and women and developed into a crusade with a visible class character. Temperance, like many other reform efforts, was championed by the middle class and threatened to intrude on the private lives of lower-class workers, many of whom were Irish Catholics. Such intrusions by the Protestant middle class exacerbated class, ethnic, and religious tensions. Still, while the temperance movement made less substantial inroads into lower-class workers’ drinking culture, the movement was still a great success for reformers. In the 1840s, Americans drank half of what they had in the 1820s, and per capita consumption continued to decline over the next two decades.
Though middle-class reformers worked tirelessly to cure all manner of social problems through institutional salvation and voluntary benevolent work, they regularly participated in religious organizations founded explicitly to address the spiritual mission at the core of evangelical Protestantism. In fact, for many reformers, it was actually the experience of evangelizing among the poor and seeing firsthand the rampant social issues plaguing life in the slums that first inspired them to get involved in benevolent reform projects. Modeling themselves on the British and Foreign Bible Society, formed in 1804 to spread Christian doctrine to the British working class, urban missionaries emphasized the importance of winning the world for Christ, one soul at a time. For example, the American Bible Society and the American Tract Society used the efficient new steam-powered printing press to distribute Bibles and evangelizing religious tracts throughout the United States. For example, the New York Religious Tract Society alone managed to distribute religious tracts to all but 388 of New York City’s 28,383 families. In places like Boston, New York, and Philadelphia, middle-class women also established groups specifically to canvass neighborhoods and bring the gospel to lower-class “wards.”

Such evangelical missions extended well beyond the urban landscape, however. Stirred by nationalism and moral purpose, evangelicals labored to make sure the word of God reached far-flung settlers on the new American frontier. The American Bible Society distributed thousands of Bibles to frontier areas where churches and clergy were scarce, while the American Home Missionary Society provided substantial financial assistance to frontier congregations struggling to achieve self-sufficiency. Missionaries worked to translate the Bible into Iroquois and other languages in order to more effectively evangelize Native American populations. As efficient printing technology and faster transportation facilitated new transatlantic and global connections, religious Americans also began to flex their missionary zeal on a global stage. In 1810, for example, Presbyterian and Congregationalist leaders established the American Board of Commissioners for Foreign Missions to evangelize in India, Africa, East Asia, and the Pacific.

The potent combination of social reform and evangelical mission at the heart of the nineteenth century’s benevolent empire produced reform agendas and institutional changes that have reverberated through the twentieth and twenty-first centuries. By devoting their time to the moral uplift of their communities and the world at large, middle-class reformers created many of the largest and most influential organizations in the nation’s history. For the optimistic, religiously motivated American, no problem seemed too great to solve.
Difficulties arose, however, when the benevolent empire attempted to take up more explicitly political issues. The movement against Indian removal was the first major example of this. Missionary work had first brought the Cherokee Nation to the attention of northeastern evangelicals in the early nineteenth century. Missionaries sent by the American Board and other groups sought to introduce Christianity and American cultural values to the Cherokee and celebrated when their efforts seemed to be met with success. Evangelicals proclaimed that the Cherokee were becoming “civilized,” which could be seen in their adoption of a written language and of a constitution modeled on that of the U.S. government. Mission supporters were shocked, then, when the election of Andrew Jackson brought a new emphasis on the removal of Native Americans from the land east of the Mississippi River. The Indian Removal Act of 1830 was met with fierce opposition from within the affected Native American communities as well as from the benevolent empire. Jeremiah Evarts, one of the leaders of the American Board, wrote a series of essays under the pen name William Penn urging Americans to oppose removal. He used the religious and moral arguments of the mission movement but added a new layer of politics in his extensive discussion of the history of treaty law between the United States and Native Americans. This political shift was even more evident when American missionaries challenged Georgia state laws asserting sovereignty over Cherokee territory in the Supreme Court Case *Worcester v. Georgia.* Although the case was successful, the federal government did not enforce the Court’s decision, and Indian removal was accomplished through the Trail of Tears, the tragic, forced removal of Native Americans to territories west of the Mississippi River.

Anti-removal activism was also notable for the entry of ordinary American women into political discourse. The first major petition campaign by American women focused on opposition to removal and was led (anonymously) by Catharine Beecher. Beecher was already a leader in the movement to reform women’s education and came to her role in removal through her connections to the mission movement. Inspired by a meeting with Jeremiah Evarts, Beecher echoed his arguments from the William Penn letters in her appeal to American women. Beecher called on women to petition the government to end the policy of Indian removal. She used religious and moral arguments to justify women’s entry into political discussion when it concerned an obviously moral cause. This effort was ultimately unsuccessful but still introduced the kinds of arguments that paved the way for women’s political activism for abolitionism and women’s rights. The divisions that the anti-removal campaign revealed became more dramatic with the next political cause of nineteenth century reformers: abolitionism.