**Organizing a How To Video: Answers**

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| What is this video about?  | *This video is about how to make zero waste toothpaste - toothpaste that doesn’t produce any trash such as the toothpaste tube.*  |
| What are the benefits of learning to do this?  | * Toothpaste tubes are difficult if not impossible to recycle.
* This toothpaste works extremely well.
* It’s quick and easy to make.
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| What tools or ingredients do you need?  | * 2 tablespoons of organic coconut oil
* 1 tablespoon of baking soda
* fifteen to twenty drops of organic essential oil (for flavor)
* a bowl and something to stir it together
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| What are the steps?  | * combine the coconut oil and baking soda and
* add the essential oil for flavor
* mix it together
* use a spoon to scoop a small portion of the paste onto your toothbrush
* brush you teeth
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| What tips, helpful advice, or important information was included?  | * it doesn’t foam up like normal toothpaste
* it might be a little saltier than you’re used to
* If the paste is too hard, put it under some hot water for a few minutes
* If it’s too liquid, put it in the freezer for a little while
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| How does the video end?  | She says “now you’re ready to make \_\_\_” “thank you so much for watching? She provides her website and youtube channel in case you want more info |